

Crossfirecult Records
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First Fight Down

First Fight Down is a five piece band hailing from Kaatsheuvel, a town in the south of Holland. They produce fierce metalcore in the veins of bands as Sentence, Heaven Shall Burn and Reprisal. The band just released their selftitled cd at Crossfirecult Records.

This is FFD's third release. The album has been produced at Random Impact studio. The album contains eight tracks, the last song was also on the previous album.

The band was founded in 1998, their first two mcd's were released in 1999 (Victim of Fear) and 2001 (Shades of Distress, Scenestar Records). After two years of hard work and a lot of shows FFD decided to slow down a bit, there also were some changes in the band formation. Now FFD is back with their new release and ready to play shows again.



First Fight Down – s/t Crossfirecult Records

1. Prevailing Insanity
2. Darkened Paradise
3. Heaven Slowly Dies
4. Drown in Thoughts of Dying
5. Scarred for Life
6. So Called God
7. Line them up
8. Shades of Distress

www.myspace.com/firstfightdown
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